

University of Pretoria Yearbook 2022

Human motor skills development 116 (JMB 116)

| Qualification | Undergraduate |
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| Faculty | Faculty of Education |
| Module credits | 8.00 |
| NQF Level | 05 |
| Programmes | Higher Certificate in Sports Sciences |
| Prerequisites | No prerequisites. |
| Contact time | 1 lecture per week, Online hybrid supported |
| Language of tuition | Module is presented in English |
| Department | Humanities Education |
| Period of presentation | Quarter 4 |

Module content

This module introduces the student to basic knowledge and understanding of motor development. Attention is also paid to the analysis of human motor growth and development in regular populations. Growth, maturation, physical activity and performance of children and adolescents as they progress from birth to young adulthood are included.

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